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NEURO-COVAX: An Italian Population-Based Study of Neurological Complications after COVID-19 Vaccinations

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Abstract

Objective: In this Italian population-based study, we aimed to evaluate the neurological complications after the first and/or second dose of COVID-19 vaccines and factors potentially associated with these adverse effects.

Methods: Our study included adults aged 18 years and older who received two vaccine doses in the vaccination hub of Novegro (Milan, Lombardy) between 7 and 16 July 2021. The NEURO-COVAX questionnaire was able to capture the neurological events, onset and duration. That data that were digitized centrally by the Lombardy region were used to match the demographic/clinical characteristics and identify a vulnerability profile. Associations between vaccine lines and the development of complications were assessed. Digital healthcare system matching was also performed to evaluate severe neurological complications (Guillain-Barré syndrome, Bell's palsy, transverse myelitis, encephalitis) and the incidence of hospital admissions and/or the mortality rate after two doses of the vaccines.

Results: The NEURO-COVAX-cohort included 19,108 vaccinated people: 15,368 with BNT162b2, 2,077 with mRNA-1273, 1,651 with ChAdOx1nCov-19, and 12 with Ad26.COV2.S who were subsequently excluded. Approximately 31.2% of our sample developed post-vaccination neurological complications, particularly with ChAdOx1nCov-19. A vulnerable clinical profile emerged, where over 40% of the symptomatic people showed comorbidities in their clinical histories. Defining the neurological risk profile, we found an increased risk for ChAdOx1nCov-19 of tremors (vs. BNT162b2, OR: 5.12, 95% CI: 3.51-7.48); insomnia (vs. mRNA-1273, OR: 1.87, 95% CI: 1.02-3.39); muscle spasms (vs. BNT162b2, OR: 1.62, 95% CI: 1.08-2.46); and headaches (vs. BNT162b2, OR: 1.49, 95% CI: 0.96-1.57). For mRNA-1273, there were increased risks of paresthesia (vs. ChAdOx1nCov-19, OR: 2.37, 95% CI: 1.48-3.79);

vertigo (vs. ChAdOx1nCov-19, OR: 1.68, 95% CI: 1.20-2.35); diplopia (vs. ChAdOx1nCov-19, OR: 1.55, 95% CI: 0.67-3.57); and sleepiness (vs. ChAdOx1nCov-19, OR: 1.28, 95% CI: 0.98-1.67). In the period that ranged from March to August 2021, no one was hospitalized and/or died of severe complications related to COVID-19 vaccinations.

Discussion: This study estimates the prevalence and risk for neurological complications potentially associated with COVID-19 vaccines, thus improving the vaccination guidelines and loading in future personalized preventive medicine.

Keywords: Ad26.COV2.S vaccine; BNT162b2 vaccine; COVID-19 infection; ChAdOx1nCov-19 vaccine; mRNA-1273 vaccine; neurological adverse events.

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Conflict of interest statement

The authors declare no conflict of interest.

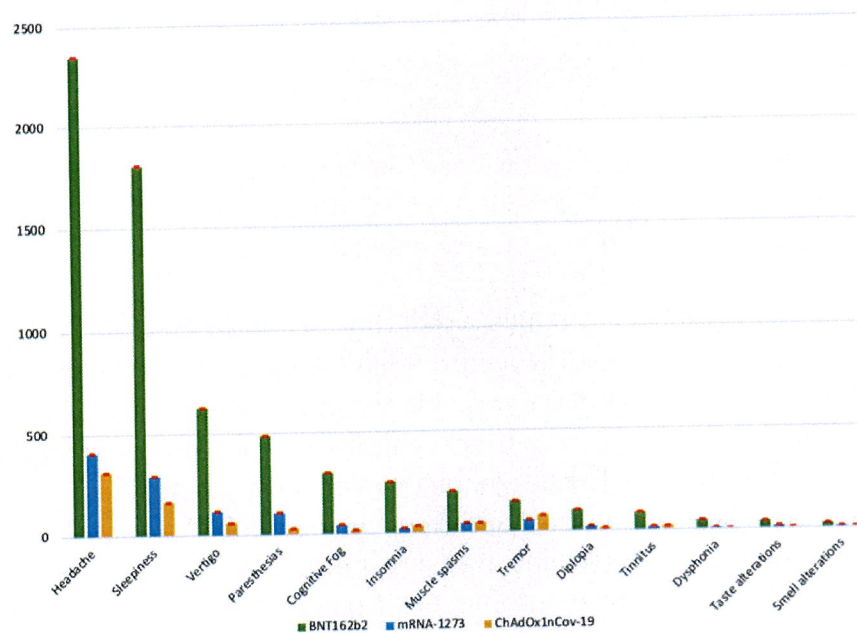


Figure 1

Neurological complications following COVID-19 vaccines. Distribution of adverse events, distinguished for specific symptom and stratified for each vaccine. Data are presented as total number of subjects presenting the specific neurological complication and standard error. The colors green, yellow and blue are representative of the BNT162b2, mRNA-1273 and ChAdOx1nCov-19 vaccines, respectively. The color red is representative of the standard error (SE). In detail, SEs for BNT162b2 vaccine are as follows: headache 0.50; sleepiness 0.49; vertigo 0.34; paresthesia 0.31; cognitive fog 0.25; insomnia 0.23; muscle spasms 0.20; tremor 0.18; diplopia 0.15; tinnitus 0.13; dysphonia 0.09; taste alterations 0.09; smell alterations 0.07. SEs for mRNA-1273 vaccine are as follows: headache 0.50; sleepiness 0.49; vertigo 0.37; paresthesia 0.35; cognitive fog 0.24; insomnia 0.17; muscle spasms 0.24; tremor 0.27; diplopia 0.16; tinnitus 0.14; dysphonia 0.08; taste alterations 0.13; smell alterations 0.09. SEs for ChAdOx1nCov-19 vaccine were the following: headache 0.50; sleepiness 0.45; vertigo 0.30; paresthesia 0.21; cognitive fog 0.17; insomnia 0.23; muscle spasms 0.26; tremor 0.34; diplopia 0.14; tinnitus 0.16; dysphonia 0.07; taste alterations 0.08; smell alterations 0.08.

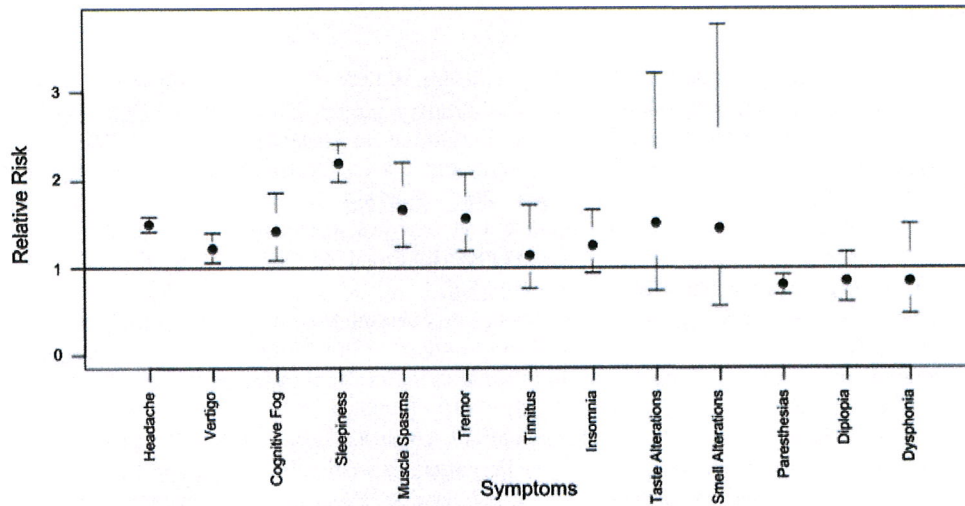


Figure 2

Relative risks (RRs) to develop neurological complications after first dose of COVID-19 vaccines. Increased RRs (>1) were observed for sleepiness (RR = 2.20; 95% CI = 1.99–2.43); muscle spasms (RR = 1.67; 95% CI = 1.24–2.21); tremors (RR = 1.57; 95% CI = 1.19–2.08); taste alterations (RR = 1.51; 95% CI = 0.71–3.21); headaches (RR = 1.50; 95% CI = 1.41–1.59); smell alterations (RR = 1.45; 95% CI = 0.56–3.77); cognitive fog (RR = 1.42; 95% CI = 1.08–1.86); insomnia (RR = 1.25; 95% CI = 0.94–1.67); vertigo (RR = 1.22; 95% CI = 1.05–1.40); and tinnitus (RR = 1.14; 95% CI = 0.76–1.73). Diplopia (RR = 0.84; 95% CI = 0.60–1.17); dysphonia (RR = 0.84; 95% CI = 0.47–1.50); and paresthesia (RR = 0.80; 95% CI = 0.69–0.92) showed a reverse trend (RR < 1).

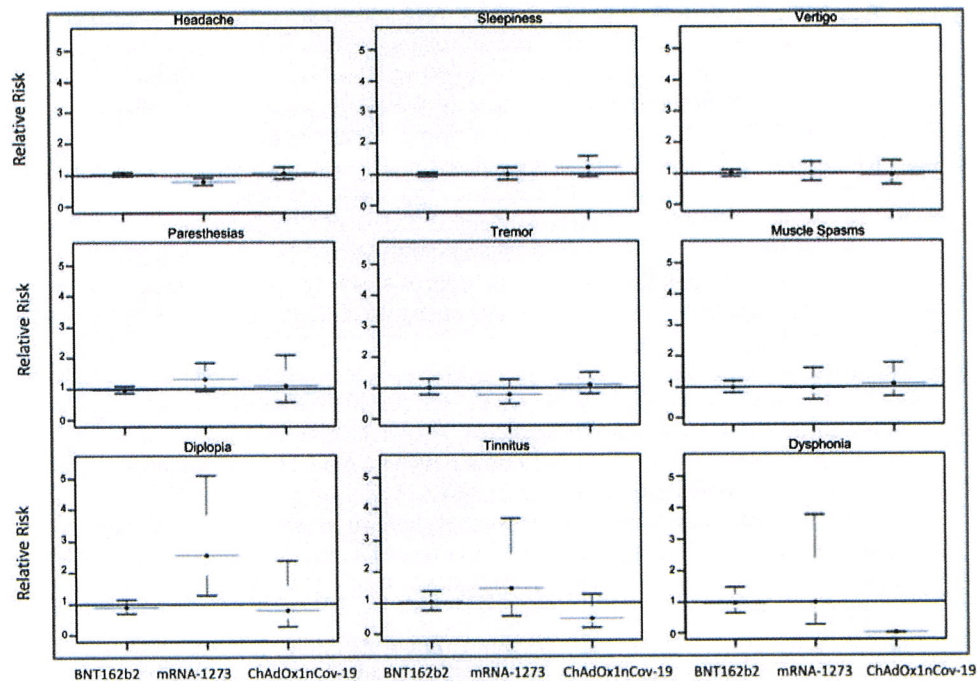


Figure 3

Relative risks (RRs) to develop neurological complications with an acute onset of COVID-19 vaccines. RRs were calculated for each symptom and stratified according to specific vaccine. Increased RR (>1) was observed for headaches with ChAdOx1nCov-19 (RR = 1.05; 95% CI = 0.88–1.25); diplopia with mRNA-1273 (RR = 2.55; 95% CI = 1.27–5.09); paresthesia with mRNA-1273; and ChAdOx1nCov-19 (RR = 1.30; 95% CI = 0.93–1.83; RR = 1.10; 95% CI = 0.57–2.08, respectively); tinnitus with mRNA-1273 (RR = 1.46; 95% CI = 0.58–3.68); sleepiness with ChAdOx1nCov-19 (RR = 1.21; 95% CI = 0.91–1.56); muscle spasms with ChAdOx1nCov-19 (RR = 1.10; 95% CI = 0.68–1.76); and tremors with ChAdOx1nCov-19 (RR = 1.10; 95% CI = 0.80–1.58). For all symptoms associated with a specific vaccine we observed an RR ≤ 1.

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